

2018 **UNIVERSITY OF IOWA**

 HEART FAILURE IN THE
HEARTLAND



FRIDAY
OCTOBER 12, 2018
7:30 a.m. – 4:30 p.m.

GRADUATE HOTEL IOWA CITY
(Formerly the Sheraton Hotel)
210 S. DUBUQUE STREET
IOWA CITY, IOWA

SYMPOSIUM CO-CHAIRS:

Jay K. Bhama, MD; Alexandros Briasoulis, MD, PhD, FAC; Paulino Alvarez, MD;
Suzanne Hennings, ARNP, MSN

PROVIDED BY:

University of Iowa Heart and Vascular Center, Department of Internal Medicine, University
of Iowa Roy J. and Lucille A. Carver College of Medicine

In collaboration with the Iowa Chapter of the American College of Cardiology.



Dear Colleagues,

We invite you to our **10th Annual Heart Failure in the Heartland Symposium** October 12, 2018 at the Graduate Hotel in Iowa City, Iowa.

We plan to take advantage of the extraordinary talent we have at UIHC as well as regionally, to provide our surrounding providers and healthcare professionals with updates and reviews focused on the latest advances in heart failure.

Friday will begin with an overview of the latest heart failure guidelines as well as diagnosis of heart failure and treatment options. Our focus will be advanced heart failure, reviewing advanced treatment options for pulmonary hypertension and cardiac diseases including mitral valve disease in this patient population. Our multidisciplinary conference will also include discussions on new technologies to monitor patients and improve quality of life. We will have an expert panel to review case studies as well as be available for discussion and answer audience questions.

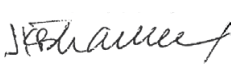
We are excited to feature Dr. Paolo Colombo, Professor of Cardiology at Columbia University, New York, who will provide a State of the Union address on the latest advances in managing advanced heart failure patients.

Our 10th Annual Heart Failure in the Heartland Symposium will provide opportunities to gain new knowledge, share clinical experience, and network with colleagues throughout the region. We're very excited to welcome established speakers with extraordinary insight on the medical and surgical treatment options for patients with advanced heart failure and pulmonary hypertension.

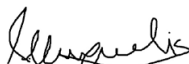
Please contact us or visit the CME website at medicine.uiowa.edu/cme for additional information.

We hope to see you in October!

Sincerely,



Jay K. Bhama, MD
Symposium Co-Chair



Alexandros Briasoulis,
MD, PhD, FAC
Symposium Co-Chair



Paulino Alvarez, MD
Symposium Co-Chair



Suzanne Hennings,
ARNP, MSN
Symposium Co-Chair

GENERAL INFORMATION

INTENDED AUDIENCE

Cardiologists, Surgeons, Internists/
Hospitalists, Family Practice Physicians,
Physician Assistants, Advanced Registered
Nurse Practitioners, Advance Practice
Nurses, Registered Nurses, and Pharmacists.

OBJECTIVES

Upon completion of this program the learner should be able to:

- Discuss contemporary and emerging diagnostic modalities in heart failure.
- Discuss the pharmacokinetics of direct oral anticoagulants and considerations for use in heart failure.
- Review the available evidence of direct oral anticoagulants in heart failure.
- Discuss unusual cardiomyopathy cases.
- Explain the role of MRI in the evaluation of the various cardiomyopathies.
- Describe key factors to be taken into account in the clinical evaluation of the patient with heart failure.
- Identify the key components of guideline directed therapy in heart failure.
- Discuss which treatment strategies should be used in various stages of heart failure using a case-based format.
- Identify candidates for long-term Left Ventricular Assist Device (LVAD) and heart transplant therapy.
- Discuss new LVAD technology.
- Discuss the complexity of LVAD patients in the community and identify common problems they may encounter.
- Identify safe ways to triage and transfer LVAD patients within the community.
- Discuss updates in the evaluation and management of pulmonary arterial hypertension.
- Describe diagnostic evaluation for confirming pulmonary arterial hypertension.

- Discuss new Implantable Cardioverter-Defibrillator (ICD) therapies for Congestive Heart Failure (CHF) and advances in Cardiac Resynchronization Therapy (CRT) therapies for CHF.
- Describe the impact of mitral valve disease in heart failure.
- Evaluate current and future transcatheter options for treatment of mitral valve disease.
- Identify patients who would benefit from mechanical support in the intraoperative or postoperative setting vs medical management.
- Compare and contrast outcomes of patients with postop cardiogenic shock who have mechanical support vs medical management.
- Discuss the management of temporary LVADs in the postoperative setting (anticoagulation, fluid management, hemodynamic monitoring).
- Discuss surgical advancements and treatments of heart failure using a case-based format.

REGISTRATION FEES

All fees include registration, instruction and educational materials, CME and CE recording, refreshment breaks and lunch. See registration page for fees.

While registration is open until the start of the symposium, we encourage early registration to enable us to provide the best possible service to participants. A \$25 fee will be charged for canceled registrations. No refunds will be given for cancellations made after October 4, 2018. A late fee of \$50 will be added for all registrations made after October 4, 2018.

LOCATION

The Graduate Hotel is located in downtown Iowa City directly on the pedestrian mall allowing access to fine dining and a variety of cultural events.

HOUSING

A limited number of rooms have been reserved at the Graduate Hotel Iowa City. Room rates are \$116 excluding taxes. Registrants are responsible for making their own housing arrangements and may do so by contacting hotel reservations at (319) 337-4058. When making hotel room reservations, be sure to state you are attending the “Heart Failure” conference in order to receive the special conference room rates. Rooms will be held in reserve until September 13, 2018.

PARKING

Parking is available in the ramp adjacent to the hotel at prevailing rates. The ramp is on the corner of Burlington and Dubuque Streets. The cost is approximately \$9 per day.

CONTINUING EDUCATION CREDIT

The University of Iowa Roy J. and Lucille A. Carver College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Physician: The University of Iowa Roy J. and Lucille A. Carver College of Medicine designates this live activity for a maximum of 6.75 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurse: 7.0 contact hours will be granted by University of Iowa Hospitals and Clinics Department of Nursing (IBN Approved

Provider #34). Participants must attend the entire program to receive full credit. Questions concerning nursing credits should be directed to the Nursing Clinical Education Center at (319) 356-4304.

Determination of educational content for this program and the selection of speakers are responsibilities of the program directors. Firms providing financial support did not have input in these areas.

DISCLOSURE POLICY: Everyone in a position to control the content of this educational activity will disclose to the CME provider and to attendees all relevant financial relationships with any commercial interest.

Officially endorsed by the Heart Failure Society of America. The opinions presented in this educational activity do not necessarily reflect the opinions or recommendations of the HFSA.

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, creed, color, religion, national origin, age, sex, pregnancy, disability, genetic information, status as a U.S. veteran, service in the U.S. military, sexual orientation, gender identity, associational preferences, or any other classification that deprives the person of consideration as an individual. The university also affirms its commitment to providing equal opportunities and equal access to university facilities. For additional information on nondiscrimination policies, contact the Director, Office of Equal Opportunity and Diversity, the University of Iowa, 202 Jessup Hall, Iowa City, IA, 52242-1316, 319-335-0705 (voice), 319-335-0697 (TDD), diversity@uiowa.edu.

Individuals with disabilities are encouraged to attend all University of Iowa sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact the Continuing Medical Education Division in advance at 319-335-8599.

FOR FURTHER INFORMATION, PLEASE CONTACT:

Continuing Medical Education Division
University of Iowa Carver College of Medicine
100 CMAB
Iowa City, IA 52242-1101
Phone: 319/335-8599 | FAX: 319/335-8327

2018 IOWAHEART FAILURE IN THE HEARTLAND

FRIDAY
OCTOBER 12, 2018
AGENDA

Advanced Heart Failure in the Heartland

7:15 AM REGISTRATION AND CONTINENTAL BREAKFAST

8:00 Welcome Remarks

Suzanne Hennings, ARNP, MSN

8:10 Heart Failure Synopsis

Alexandros Briasoulis, MD

8:40 Direct Oral Anticoagulant Use in Patients with Heart Failure – Laura Halder, PharmD, BCPS

9:10 Unusual Cardiomyopathy Cases

Mahi Ashwath, MD

9:40 BREAK

10:00 Caring for the Patient with Heart Failure: A Practical Approach – Paulino Alvarez, MD

10:30 Advanced Cardiac Therapies for Heart Failure: State of the Union – Paolo Colombo, MD, FACC

11:15 Ask the Experts

Moderators: Jay K. Bhama, MD; Paulino Alvarez, MD

Panelists: Mahi Ashwath, MD; Alexandros Briasoulis, MD; Paolo Colombo, MD, FACC; Laura Halder, PharmD, BCPS

12:00 PM LUNCH

1:00 LVADs in the Community

Carol Johnson, RN, BSN

1:30 PAH: Update in Evaluation and Treatment

Linda Cadaret, MD

2:00 Update on Device Therapy for Congestive Heart Failure – Troy Rhodes, MD, PhD

2:30 BREAK

2:45 Management of Mitral Valve Disease in Heart Failure: With Focus on Transcatheter Treatment Options – Sidakpal S. Panaich, MD

3:15 Indications for Mechanical Support in the Intraoperative and Postoperative Setting

Sharon Beth Larson, DO, MS, FACOS

3:45 Ask the Experts

Moderators: Jay K. Bhama, MD; Alexandros Briasoulis, MD

Panelists: Linda Cadaret, MD; Paolo Colombo, MD, FACC; Sharon Beth Larson, DO, MS, FACOS; Sid Panaich, MD; Troy Rhodes, MD, PhD; Carol Johnson, RN, BSN

4:30 Closing Remarks

Suzanne Hennings, ARNP, MSN

4:40 ADJOURN

PROGRAM FACULTY

KEYNOTE SPEAKER



Paolo C. Colombo, MD, FACC

Sudhir Choudhrie Professor
of Cardiology
Director, Center for
Advanced Cardiac Care
Heart Failure, Cardiac

Transplantation & Mechanical Circulatory
Support, Division of Cardiology
New York—Presbyterian Hospital
Columbia University, New York, NY

PLANNING COMMITTEE

Paulino Alvarez, MD, Co-Chair
Jay K. Bhama, MD, Co-Chair
Alex Briasoulis, MD, Co-Chair
Suzanne Hennings, ARNP, MSN, Co-Chair
Jennifer Becker, ARNP, DNP
Traci Stewart, RN, MSN
Amy Black, Administrative Specialist

UNIVERSITY OF IOWA HEALTH CARE FACULTY



Paulino Alvarez, MD

Clinical Associate Professor
Department of Internal
Medicine



**Laura Halder, PharmD,
BCPS**

Pharmacy Specialist
Department of
Pharmaceutical Care



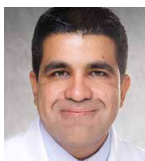
Mahi L. Ashwath, MD

Clinical Associate Professor
Department of Internal
Medicine



**Carol Johnson, RN, BSN,
PCCN**

Nurse Clinician
Heart and Vascular Center



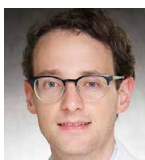
Jay K. Bhama, MD

Professor & Chief, Adult
Cardiac Surgery
Director, Heart Transplant,
MCS, ECMO
Department of Surgery



**Sharon Beth Larson, DO,
MS, FACOS**

Clinical Assistant Professor
Department of Surgery



**Alexandros Briasoulis, MD,
PhD, FACC**

Clinical Assistant Professor
Department of Internal
Medicine



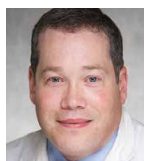
Sidakpal S. Panaich, MD

Clinical Assistant Professor
Department of Internal
Medicine



Linda Cadaret, MD

Clinical Associate Professor
Department of Internal
Medicine



Troy Rhodes, MD, PhD

Clinical Associate Professor
Department of Internal
Medicine

REGISTRATION

2018 Heart Failure in the Heartland
Friday, October 12, 2018

Print clearly Name _____

Address _____
Primary Degree City _____

Specialty State/ Zip _____
Phone _____
E-mail _____
Company or Business Name _____

For Office Use Only PN 23864

REGISTRATION FEES

A late fee of \$50 will be added for all registration made after October 4, 2018.

Physician @ \$ 300 \$ _____
Nurse and Allied Health Professional @ \$150 \$ _____
Resident @ \$50 \$ _____
Fellow @ \$50 \$ _____
Registration after October 4, add \$50 \$ _____

METHOD OF PAYMENT

Enclosed is a check made payable to
The University of Iowa in the amount of \$ _____

TWO WAYS TO REGISTER



Online: **[medicine.uiowa.edu/cme](http://www.medicine.uiowa.edu/cme)** and click on Upcoming Programs



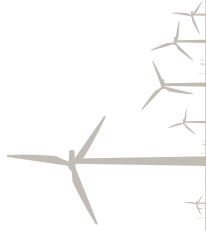
University of Iowa Carver College of Medicine
Continuing Medical Education Division
100 Medicine Administration Building
Iowa City, Iowa 52242-1101

The University of Iowa requests this information for the purpose of processing your registration. No persons outside the University of Iowa are routinely provided this information.

For additional information on this program and other upcoming CME events at the UI Carver College of Medicine, please visit **www.medicine.uiowa.edu/cme/**.



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University of Iowa Health Care

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